

ARE YOU READY TO IMPROVE YOUR GAME?

LEARN THE STYLE USED BY PROFESSIONALS LIKE:



Miikka Kiprusoff



Niklas Backstrom



Future Star at Dave Marlin Goaltending Academy

FORMER STUDENTS

- Jason Burriss - Indiana University
- Wes Mazda - University of Maryland
- Ryan Klingensmith - Norwich University
- Gordon Collins - University of Pittsburgh
- Will Neifeld - C.W. Post
- Dan Sullivan - Waterloo Blackhawks
- Tyler Ross - Philadelphia Jr. Flyers (AJHL)
- Bryan Demarco - Millersville University
- Paul Marshall - Ohio University
- Marc Aubuchon - MacEwan Griffins (Canadian College)
- Jon Whitacre - Miami of Ohio University
- Connor Brogan - Portland Jr. Pirates (AJHL)

DAVE'S BIO



Dave Marlin played 6 seasons of professional hockey in the ECHL and Europe with HK36 Skalica. Dave attended the Hershey Bears AHL training camp in 2004 and 2007. Previous to his professional career, he played locally for the Quakers (1996 National Champion Runner-Up) and Downingtown High School where he graduated in 1996. Dave holds a teaching degree in math from SUNY Geneseo (2001) and is a certified teacher.

Dave has molded his style of teaching from the various goalies he has worked with throughout his years of playing along with extensive video analysis of the NHL's top goalkeepers. He studied the Quebec Butterfly in 1995. He has also traveled several times to Finland and studied the Finnish style that has taken the hockey world by storm and now defines the strength of his teaching. Dave's goal is to help each goaltender attending his academy to find their strengths, work within a goalies style and learn techniques to reach their full potential of play.

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DAVE MARLIN GOALTENDING ACADEMY

1504 HILLCREST LANE, DOWNINGTOWN, PA 19355

484-666-9707

WWW.ZENGOALTENDING.COM

MARLIN GOALTENDING ACADEMY 2009

THE ONLY SCHOOL IN NORTH AMERICA
TEACHING THE FINNISH STYLE



A.K.A. "THE FINNISH LION"



WWW.ZENGOALTENDING.COM

OVERVIEW



**UNLEASH THE LION
IN YOUR GAME!!**

The Dave Marlin Goaltending Academy leads the way in teaching the Finnish Style of goaltending. This very athletic, aggressive style focuses on use of hands, skating skills, balance, moving through the middle of the net, and flexibility. Dave also blends in teaching the Quebec Style, Classic Style, Old School with Tretiak Level intensity for an overall approach that will prepare you for any game situation. Almost every drill used is identical to what NHL goalies use to train.

STYLE HIGHLIGHTS

- FINNISH STYLE** - Great hands, skating, flexibility, wider butterfly, finnish slides and aggressiveness.
- QUEBEC STYLE** - Compact, butterfly, leg recovery, and footwork.
- CLASSIC STYLE** - Balance, small steps, patience
- OLD SCHOOL** - Hasek-like - Whatever it takes to stop the puck.
- TRETIAK LEVEL INTENSITY** - Be ready to work hard!

OFF ICE SKILLS & TECHNIQUES

- * MENTAL PREPARATION * GAME SITUATION REVIEWS
- * VIDEO ANALYSIS OF EACH GOALIE
- * NHL GOALTENDER-STYLE ANALYSIS
- 3 HOURS ON ICE EACH DAY**

- Plyometrics - Flexibility - Eye/hand coordination
- Aerobic conditioning

ON ICE SKILLS & TECHNIQUES

POSITIONING

- * Be square or die
- * Angles/Moving through the middle

AGGRESSIVE GOALTENDING

- * Our goalies: play aggressive
- * Attacking the shooters

SKATING

- * The best goalies are the best skaters - We skate lots!
- * Forward/Backward (C-cuts & quick transition)
- * T-push & pushing power/Shuffles

STANCE

- * Gloves forward
- * Balance

BUTTERFLY

- * 1/2 Butterfly/Leg Flares
- * Full Butterfly (Quebec & Finnish)
- * Glove saves from butterfly

SLIDES

- * Butterfly, 1/2 Butterfly and Finnish
- * Power slides
- * 2 Pad, desperation

RECOVERY

- * Getting up with the proper leg

WRAPAROUNDS/SHARP ANGLES

- * Paddledown/butterfly techniques (one knee down/stand up)

SCREEN SHOTS

- * Finding the puck
- * When to use the butterfly or paddledown

PUCKHANDLING

- * Passing - shooting - handling dump-ins

MENTAL PLAY

- * Heading & reacting to the play / Game situations



NAME: _____

ADDRESS: _____

CITY: _____ ST: _____ ZIP: _____

HOME PHONE: _____

CELL PHONE: _____

JERSEY SIZE: _____ AGE: _____

PARENT(S) NAME(S): _____

LAST TEAM: _____

E-MAIL: _____

2009 CAMP DATES

Please check box of camp(s) you wish to attend.

- June 24-26 at THE POND, Chagrin Falls, OH (3 day)
Camp day runs 9-5. Cost \$285.00 per goalie
- July 7-10 (Bonnam Elite) at ICE LINE, West Chester, PA (4 day)
Camp day runs 9-5. Cost \$575.00 per goalie
- July 13-16 (Midget Elite) at ICE LINE, West Chester, PA (4 day)
Camp day runs 9-5. Cost \$575.00 per goalie
- July 20-24 (All Ages) at ICE LINE, West Chester, PA (5 day)
Camp day runs 9-5 Mon. - Thurs. 8-12 on Fri. Cost \$535.00 per goalie
- July 27-30 (All Ages) at BODY ZONE, Reading, PA (4 day)
Camp day runs 8-4. Cost \$395.00 per goalie
- August 3-5 at THE POND, Newark, DE (3 day)
Camp day runs 9-5. Cost \$275.00 per goalie
- August 10-12 at THE STEEL ICE CENTER, Bethlehem, PA (3 day)
Camp day runs 9-5. Cost \$275.00 per goalie

Please remit \$150.00 non-refundable deposit with your application for 46.5 day camps and \$100.00 non-refundable deposit for 3 day camp.

Make all checks payable to Dave Marlin or Dave Marlin Goaltending Academy at:

1504 Hillcrest Lane, Downingtown, PA 19335

Balance Due First Day of Camp

Credit card payments can be made on-line.

Questions?? - Please call or e-mail

484-888-9107 • dmarlin00@zeing goaltending.com